



Summer Gleanings 2023

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Connect With Us:

 @yegfoodbank

 Edmonton's Food Bank

 edmontonsfoodbank.com

"Thanks to my daughter I no longer live in a tent and thank you for your help with food."

- B.M. (64 years old) Edmonton, AB

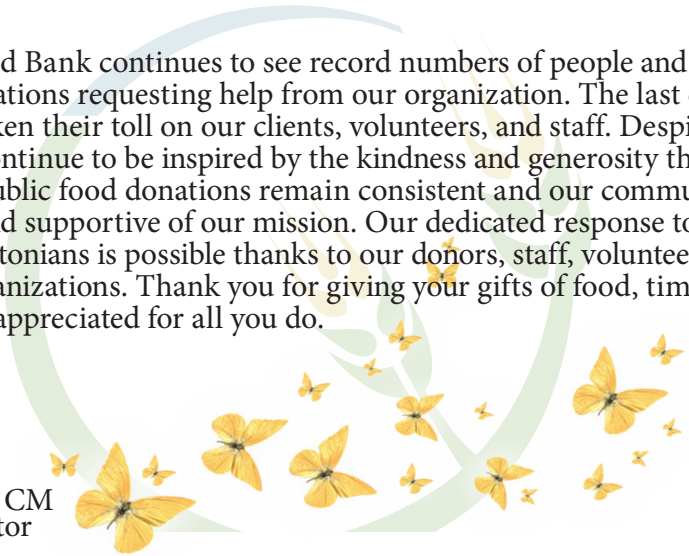
Message from the Executive Director

Dear Friends,

Edmonton's Food Bank continues to see record numbers of people and partner organizations requesting help from our organization. The last couple of years have taken their toll on our clients, volunteers, and staff. Despite this heaviness, we continue to be inspired by the kindness and generosity that surrounds us. Public food donations remain consistent and our community remains loyal and supportive of our mission. Our dedicated response to the needs of Edmontonians is possible thanks to our donors, staff, volunteers, and partner organizations. Thank you for giving your gifts of food, time, and money. You are appreciated for all you do.

Sincerely,

Marjorie Bencz, CM
Executive Director



Consider a gift in your Will to help create a kinder community

You don't have to choose between your loved ones or our cause when planning a gift. Whether it is a residual gift, a percentage, a specific amount of your estate, or adding Edmonton's Food Bank as an additional child, your lasting gift is deeply appreciated.



**PLAN YOUR LEGACY.
MAKE A GIFT.
FEED YOUR NEIGHBOURS.**

**P: 780.425.2133
W: edmontonsfoodbank.com/
ways-give/give-money/leave-
legacy/**

Our Newest Addition

Because of increased need and long-term impacts, Edmonton's Food Bank has invested extensively in the resiliency of our services and are pleased to welcome our newest addition: **The NISO Building**. We will provide new programming options and assistance for community members who are struggling. The building, in between our Main and ANNEX facilities (11448 120 ST) will be home for our community depot and new pantry.

"NISO" is the root of many Cree terms that relate to the Food Bank's mission, including:

- **Nisohkamakewin** meaning "assistance" or "help"
- **Nisohkamakew** meaning "help someone"
- **Nisoiskeyiw** meaning "reaches with both arms"

Edmonton's Food Bank proudly serves the community of Edmonton on Treaty Six territory. This land is the traditional home and meeting place for many Indigenous peoples including: the Cree, Dene, Saulteaux, Blackfoot, Nakota Sioux, as well as Métis and Inuit. As part of its commitment to Truth and Reconciliation, Edmonton's Food Bank has named this new facility "NISO", a Cree word meaning *two*, as the facility sits nicely between our existing buildings.

THIS INFRASTRUCTURE IS THANKS TO:

- The Muttart Foundation– for holding our mortgage
- The Realtors Community Foundation - \$10,000 towards our accessibility ramp
- Alberta Government - CFEP Large Funding Stream for renovations and upgrades
- AND many other community donors!

THANK YOU!

Lois' Story



During a recent food depot, Lois broke down with grateful tears as volunteers laid out her food hamper. Lois sometimes struggles to make it to the end of the month with enough food. She knows she can reach out to Edmonton's Food Bank and lately, she wasn't thinking of herself first. Recently, her first thoughts were for the heartbreaking challenges for fire evacuees and Ukrainians fleeing conflict. Lois was determined to use up all her resources until her fridge and cupboard were literally empty. During her phone call to client services, our volunteer asked why she had waited this long and she replied, "I didn't want to bother the Food Bank as you are helping others who had even less than me." As she packed up her last items into her bag, a grateful smile crossed Lois' face as she told our young volunteers they had just made her day!

BECOME A MONTHLY DONOR...

and create consistent ongoing funding as we provide year-round service to those in need. We are pleased to be able to offer donors the option of donating securely online through CanadaHelps conveniently located on our website at edmontonsfoodbank.com/donate-now/



Come Volunteer!



Make a Difference

We are always looking to welcome new volunteers to help us at the Food Bank. With various opportunities available, we would love to have you in our warehouse. We have a flexible schedule so you can come in any day of the week! Visit our website to find out more.

edmontonsfoodbank.com/volunteer/

Community Events

Hunger never takes a holiday. Help make giving a habit and join us in attending and donating at events supporting Edmonton's Food Bank throughout the summer. Food donations can also be made at any City of Edmonton fire station or at Edmonton grocery stores. To organize an event or if you need a pick-up, please call our Resource Development Team at 780.425.2133. For more details and information on upcoming events, visit: edmontonsfoodbank.com/events/



Taste of Edmonton

July 20 to 30

As charity of choice, all unused food tickets will benefit the work of the Food Bank. And attendees are also encouraged to bring nonperishable food donations. Participate in the coloring contest or take a selfie with Fill-Up at the event! Visit tasteofedm.ca for more details.

Kinnikinnick Pancake Breakfast

July 22

Come out to enjoy a gluten-free pancake breakfast – funds raised will support awareness of Celiac Disease. Guests are encouraged to donate nonperishable gluten-free items to support vulnerable people affected by the disease.

Heritage Festival - Celebrating 50 years!

August 5, 6, & 7

Join the festivities in the new temporary home at the Edmonton EXPO Centre, Exhibition Grounds, & Borden Park. To plan your day, visit heritagefest.ca. Don't forget your nonperishable food donation or designate your online donation to the Heritage Festival Food Drive at edmontonsfoodbank.com/donate-now/



Edmonton Food Drive - City Wide

September 23

Volunteers will be out collecting food donations in select neighbourhoods door-to-door. Keep an eye out for your flyer or bag in the days before and fill it in support of Edmonton's Food Bank.

Southwest Edmonton's Farmers' Market

September 27

Visit us at the community booth and drop off your donations, including garden produce! Visit swefm.ca for information on the market.

Harvest Luncheon

October 26

Join us for a delicious lunch, a dynamic guest speaker, and bid on great auction items, all to raise funds to feed people in need in our city. Tickets are only \$50 each. Visit edmontonsfoodbank.com/events/ to reserve your tickets today.